



9th Asian Preventive Cardiology & Cardiac Rehabilitation Conference

26 - 27 November 2022

Hong Kong Convention and Exhibition Centre

Host Organization
Hong Kong College
of Cardiology



Final Announcement

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**HYBRID
CONFERENCE**



Long COVID: Cardiovascular Disease Management and Cardiac Rehabilitation

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Welcome Message

Cardiovascular diseases, together with the control of its various risk factors, is a global challenge with consequent morbidity, mortality and economic loss. It is currently a major goal of public health to reduce the burden of cardiovascular diseases globally and the remarkable heterogeneity in ethnicity, disease epidemiology, socioeconomic status and access to technology within Asia and between Asia and the Western countries poses additional barrier to the achievement of this important goal.

The Asian Preventive Cardiology and Cardiac Rehabilitation Conference is a biennial regional scientific conference organized by the Hong Kong College of Cardiology. Our mission is to contribute to high-quality professional education in the field of preventive cardiology and cardiac rehabilitation and lead to an improvement in the management of patients with cardiovascular diseases in Asia. This year is the 30th Anniversary of the Hong Kong College of Cardiology and we are going to organize the 9th Asian Preventive Cardiology and Cardiac Rehabilitation Conference (APCCRC) on 26-27 November 2022 at the Hong Kong Convention and Exhibition Centre. We are proud to see that the conference has become a well-known professional platform for colleagues working or interested in the field of preventive cardiology and cardiac rehabilitation from Hong Kong and other parts of Asia to learn and to share research findings, experience and views. The 9th APCCRC will be organized in a hybrid format with both physical and virtual participation.

The COVID-19 pandemic is an unprecedented global health crisis and cardiovascular health is jeopardized. Therefore, the theme of the forthcoming APCCRC is "Long COVID in Cardiovascular Disease Management and Cardiac Rehabilitation". A group of dedicated experts will be gathered to present a top-notched and comprehensive programme which will cover a wide spectrum of topics, latest advancement and controversies in the field of cardiovascular prevention and cardiac rehabilitation. Furthermore, we will co-organize joint sessions with Chinese Association of Rehabilitative Medicine, International Council of Cardiovascular Prevention and Rehabilitation, Japanese Association of Cardiac Rehabilitation and Singapore Heart Foundation for sharing of experience. On the other hand, the well-received workshops for allied healthcare professionals will be organized again this time. Empowerment of patients, their relatives and the general public is the essence of preventive cardiology. Dedicated public education sessions will be held at the same time for them.

May we welcome you all to join us in this highly educational biennial conference and collaborate in the global action in reducing the burden of cardiovascular diseases!

Co-Chairmen, Executive Committee:

Dr. CHAN Ngai-Yin
Prof. LI Sheung-Wai, Leonard

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Dr. Ngai-Yin CHAN
Co-Chairman, Executive Committee
9th Asian Preventive Cardiology and Cardiac
Rehabilitation Conference
Immediate Past President, Hong Kong
College of Cardiology



Prof. Leonard Sheung-Wai LI
Co-Chairman, Executive Committee
9th Asian Preventive Cardiology and Cardiac
Rehabilitation Conference



International Faculty

Keynote Speaker

Prof. Sherry Grace

York University, Canada

Representatives from Chinese Association of Rehabilitative Medicine

Prof. Xiaoping Meng

The Affiliated Hospital of Changchun University of Traditional Chinese Medicine, China

Prof. Dan-Ni Ren

Chinese Association of Rehabilitation Medicine, China

Representatives from International Council of Cardiovascular Prevention and Rehabilitation

Dr. Abraham Babu

The Manipal College of Health Professions, India

Dr. Gabriela Ghisi

The KITE Research Institute, Canada

Dr. Julie Redfern

The University of Sydney, Australia

Representatives from Japanese Association of Cardiac Rehabilitation

Dr. Hidetaka Ito

Cardiovascular center of Toranomon Hospital, Japan

Prof. Keisuke Kida

St. Marianna University School of Medicine, Japan

Representatives from Singapore Heart Foundation

Dr. Pui-yee Chan

Singapore Heart Foundation, Singapore

Dr. Swee-Yaw Tan

National Heart Centre, Singapore

Prof. Ruldoph de Boer

University Medical Center Groningen, Netherlands

Prof. Javed Butler

University of Mississippi Medical Center, United States

Prof. Tze-Fan Chao

National Yang-Ming University, Chinese Taipei

Dr. Ssu-Yuan Chen

Fu Jen Catholic University Hospital, Chinese Taipei

Dr. Lucky R Cuenza

Cardiology Adult Cardiac Rehabilitation/ Interventional, Philippines

Prof. Claudio Ferri

University of L'Aquila, Italy

Prof. Yoshihiro Fukumoto

The Japanese Association of Cardiac Rehabilitation, Japan

Prof. Lan Guo

Guangdong Cardiovascular Institute, Provincial People's Hospital, China

Dr. Visal Kantaratanakul

Samitivej Srinakarin Hospital, Thailand

Prof. Jong-Yong Lee

Kangbuk Samsung Hospital, Korea

Dr. Huan Ma

Guangdong Cardiovascular Institute, Guangdong Central Hospital, China

Prof. Krzysztof Narkiewicz

Medical University of Gdansk, Poland

Dr. Michelle O'Donoghue

Harvard Medical School, United States

Prof. Kausik Ray

Imperial College London, United Kingdom

Dr. Mohamad Yatim Saari

Hospital Serdang, Malaysia

Dr. Farzaneh Torkan

Shefa Research Center, Iran

Dr. Tee-Joo Yeo

National University Heart Centre, Singapore

Prof. Shelley Zieroth

SBH Heart Failure and Transplant Clinics, Canada



Local Faculty (Hong Kong, China)

Dr. Carmen Chan

Dr. Kam-Tim Chan

Dr. Lip-Kiong Chan

Mr. Matthew Chan

Dr. David Cheng

Dr. Yuet-Wong Cheng

Dr. Adrian Cheong

Dr. Candy Cheuk

Dr. Regina Ching

Dr. Angus Chu

Dr. Katherine Fan

Miss. Nora Fu

Dr. Raymond Fung

Dr. Carmen Ho

Dr. Desmond Ho

Ms. Sylvia, See-Way Lam

Dr. Kwok-Lun Lee

Prof. Leonard Li

Dr. David Lo

Dr. Macy Lui

Dr Gary Mak

Dr. Andrew Ng

Dr. Ming-Yen Ng

Dr. Tit-Kei Ng

Dr. Catherine Shea

Prof. Cheuk-Chun Szeto

Dr. Sunny Tsang

Dr. Michael Wong

Dr. Willy, Chung-Hin Wong

Prof. Kai-Hang Yiu

The list is arranged in surname alphabetical order and updated as of 8 November 2022.

The list is subject to change without prior notice.



Scientific Programme

26 November 2022 (Saturday)



**E-Poster & Virtual Exhibition
Available ONLINE**

All times indicated are Hong Kong Time (UTC +8).
Venue: Meeting Rooms S221-230, Level 2,
Hong Kong Convention and Exhibition Centre

S221 / Virtual Room 1

09:30-11:30	Symposium 1 - Cardiovascular Risk Factors Symposium I	
09:30-10:00	PCSK9 inhibition in atherosclerotic cardiovascular diseases (Sponsored by Amgen)	Dr. Michelle O'Donoghue (United States)
10:00-10:30	A new era in managing hyperlipidaemia with siRNA (Sponsored by Novartis Pharmaceuticals)	Prof. Kai-Hang Yiu (Hong Kong)
10:30-11:00	Treatment of drug-refractory hypertension by renal denervation (Sponsored by Medtronic)	Dr. Yuet-Wong Cheng (Hong Kong)
11:00-11:30	Dosing Strategy of Non-Vitamin K Antagonist Oral Anticoagulants in Stroke Prevention in Atrial Fibrillation (Sponsored by Daiichi Sankyo)	Prof. Tze-Fan Chao (Chinese Taipei)
11:30-12:00	Break / Exhibition / e-Poster Presentation	
12:00-12:45	Symposium 2 - Hong Kong Heart Foundation Symposium	
12:00-12:45	Cardiac rehabilitation around the world during COVID pandemic	Prof. Sherry Grace (Canada)
12:45-14:00	Lunch Break / Exhibition / e-Poster Presentation	
14:00-14:15	Opening Ceremony	
14:15-15:45	Symposium 3 - Heart Failure Symposium I	
14:15-14:45	Clinical Implications of SGLT2i in Heart Failure Across the Spectrum of LVEF (Sponsored by AstraZeneca)	Prof. Ruldoph de Boer (Netherlands)
14:45-15:15	New clinical insights for improving heart failure management (Sponsored by Bayer HealthCare)	Prof. Kai-Hang Yiu (Hong Kong)
15:15-15:45	Individualized approach in heart failure management: what more can we do? (Sponsored by Servier)	Prof. Shelley Zieroth (Canada)
15:45-16:15	Break / Exhibition / e-Poster Presentation	
16:15-18:20	Symposium 4 - Cardiovascular Risk Factors Symposium II	
16:15-16:40	Roadmap to lipid control in high- and very high-risk patients (Sponsored by Daiichi Sankyo)	Prof. Kausik Ray (United Kingdom)
16:40-17:05	Management approach for "clinically-refractory" hypertension (Sponsored by Servier)	Prof. Krzysztof Narkiewicz (Poland)
17:05-17:30	The role of beta-blockers in the management of hypertensive patients: from pharmacological profile to treatment guidelines (Sponsored by A Menarini)	Prof. Claudio Ferri (Italy)
17:30-17:55	Walk through DAPT treatment for ACS patients-in the light of new local data (Sponsored by AstraZeneca)	Dr. Andrew Ng (Hong Kong)
17:55-18:20	The prevalence of mental stress-induced myocardial ischaemia in patients with non-obstructive coronary artery disease-Results from MS in Women Study	Dr. Huan Ma (China)

26 November 2022 (Saturday)

S224-225 / Virtual Room 2

09:00-10:30	Oral Abstract Presentation	
10:30-11:00	Break / Exhibition / e-Poster Presentation	
11:00-12:30	Best Abstract Presentation	
12:30-14:00	Lunch Break / Exhibition / e-Poster Presentation	
14:00-14:15	Opening Ceremony (S221 / Virtual Room 1)	
14:15-15:45	Workshop for Allied Healthcare Professionals Session 1 - Challenges In Risk Factors Management: Case Sharing	
14:15-14:45	Changes in diet pattern and weight management during the pandemic	Ms. Sylvia, See-Way Lam (Hong Kong)
14:45-15:15	Psychological Approach in Managing Stress and Anxiety	Dr. Willy, Chung-Hin Wong (Hong Kong)
15:15-15:45	Smoking Cession Program	Dr. David Cheng (Hong Kong)
15:45-16:00	Break / Exhibition / e-Poster Presentation	
16:00-17:30	Workshop for Allied Healthcare Professionals Session 2 - Exercise Prescription In Cardiac Rehabilitation	
16:00-16:30	Aerobic and HIIT training	Dr Gary Mak (Hong Kong)
16:30-17:00	ROM and Resistance Training	Miss. Nora Fu (Hong Kong)
17:00-17:30	Post COVID recovery patients and other specific populations	Dr. Mohamad Yatim Saari (Malaysia)

27 November 2022 (Sunday)

S221 / Virtual Room 1		
09:00-10:15	Symposium 5 - Heart Failure Symposium II	
09:00-09:25	Comprehensive protection of SGLT2 inhibitors in heart failure: evidence and experience <i>(Sponsored by Boehringer Ingelheim)</i>	Prof. Javed Butler (United States)
09:25-09:50	What is beyond the treatment of hyponatremia in heart failure? <i>(Sponsored by Otsuka Pharmaceutical)</i>	Prof. Cheuk-Chun Szeto (Hong Kong)
09:50-10:15	Remote monitoring of cardiac device patients during COVID-19 pandemic <i>(Sponsored by Boston Scientific)</i>	Dr. Katherine Fan (Hong Kong)
10:15-10:45	Break / Exhibition / e-Poster Presentation	
10:45-12:25	Symposium 6 - Long COVID and Cardiac Rehabilitation Symposium	
10:45-11:10	Role of cardiac rehabilitation in long COVID care: Samitivej experience and workflow	Dr. Visal Kantaratanakul (Thailand)
11:10-11:35	Long COVID-Cardiovascular effects, fact or fiction?	Dr. Swee-Yaw Tan (Singapore)
11:35-12:00	Integrated cardiopulmonary rehabilitation program for post-COVID survivors	Dr. Mohamad Yatim Saari (Malaysia)
12:00-12:25	Cardiac considerations for return to sports and exercise after COVID-19	Dr. Lucky R Cuenza (Philippines)
12:25-14:00	Lunch Break / Exhibition / e-Poster Presentation	
14:00-15:30	Symposium 7 - Cardiac Rehabilitation for Special Population Symposium	
14:00-14:30	Exercise-based cardiac rehabilitation for adults after heart valve surgery	Dr. Ssu-Yuan Chen (Chinese Taipei)
14:30-15:00	Cardiovascular diseases and sarcopenia	Prof. Yoshihiro Fukumoto (Japan)
15:00-15:30	Role of cardiac rehabilitation in sudden death prevention	Dr. Visal Kantaratanakul (Thailand)
15:30-16:00	Break / Exhibition / e-Poster Presentation	
16:00-18:00	Symposium 8 - Exercise Symposium	
16:00-16:30	Exercise prescription for cardiac patients	Dr. Farzaneh Torkan (Iran)
16:30-17:00	Guidelines for physical activity in different population-the Singapore experience	Dr. Tee-Joo Yeo (Singapore)
17:00-17:30	Cancer, cardiovascular diseases and daily physical activity	Prof. Yoshihiro Fukumoto (Japan)
17:30-18:00	Effect of HIIT on exercise tolerance in patients with myocardial infarction-data from China	Prof. Lan Guo (China)
18:15-18:20	Closing Remarks	

27 November 2022 (Sunday)

S224-225 / Virtual Room 2		
08:30-10:10	International Council of Cardiovascular Prevention and Rehabilitation @ APCCRC	
08:30-08:55	Barriers and facilitators in cardiac rehabilitation education	Dr. Gabriela Ghisi (Canada)
08:55-09:20	Exercise testing and training in pulmonary hypertension	Dr. Abraham Babu (India)
09:20-09:45	Using data to improve quality and reach of cardiac rehabilitation: health system redesign	Dr. Julie Redfern (Australia)
09:45-10:10	Prehabilitation for patients with high cardiopulmonary risk preparing for cancer surgery	Dr. Angus Chu (Hong Kong)
10:10-10:30	Break / Exhibition / e-Poster Presentation	
10:30-13:00	Public Education Sessions	
10:30-11:15	心臟病人應該如何應對新冠後遺症?	Dr. Sunny Tsang Dr. Catherine Shea (Hong Kong)
11:25-12:05	運動護你心 - 疫情下心臟病人如何安全做運動	Mr. Matthew Chan (Hong Kong)
12:20-13:00	打針無難度-膽固醇針工作坊 <i>(For physical participants only)</i>	Dr. Sunny Tsang Dr. Catherine Shea Dr. Desmond Ho (Hong Kong)
13:00-14:00	Lunch Break / Exhibition / e-Poster Presentation	

14:00-15:30	Workshop for Allied Healthcare Professionals Session 3 - Patient Care Model Sharing	
14:00-14:30	Culturally competent care delivery	Dr. Tee-Joo Yeo (Singapore)
14:30-15:00	Post Heart transplantation and cardiac surgery	Dr. Katherine Fan (Hong Kong)
15:00-15:30	Digital cardiac rehabilitation program	TBC
15:30-16:00	Break / Exhibition / e-Poster Presentation	
16:00-17:30	Workshop for Allied Healthcare Professionals Session 4 - Update In Clinical Research	
16:00-16:30	Lessons learned on the cardiac rehabilitation trials	Dr. Raymond Fung (Hong Kong)
16:30-17:00	Is a better night's sleep give you a healthier heart?	Dr. Macy Lui (Hong Kong)
17:00-17:30	Utility of AI in prediction of myocardial event	Dr. Ming-Yen Ng (Hong Kong)

27 November 2022 (Sunday)

S226-227 / Virtual Room 3		
09:00-10:30	Physician Workshop in Hyperlipidaemia LDL-C Management <i>(Sponsored by Amgen)</i>	
09:00-09:20	Dietary fats and carbohydrates in lipid management	TBC
09:20-10:00	Medical treatment for hyperlipidaemia	Dr. Kam-Tim Chan (Hong Kong)
10:00-10:30	Interesting lipid management cases sharing and discussion	Dr. Kwok-Lun Lee Dr. Adrian Cheong Dr. David Lo (Hong Kong)
10:30-11:00	Break / Exhibition / e-Poster Presentation	
11:00-12:30	Physician Workshop in Heart Failure When Heart Failure Guideline Meet the Real World <i>(Sponsored by Boehringer Ingelheim)</i>	
11:00-11:30	Heart Failure Diagnosis	Dr. Lip-Kiong Chan Dr. Candy Cheuk (Hong Kong)
11:30-12:00	Heart Failure Management	Dr. David Lo Dr. Tit-Kei Ng (Hong Kong)
12:00-12:30	Heart Failure Service Model	Dr. Michael Wong Dr. Carmen Ho (Hong Kong)
12:30-14:00	Lunch Break / Exhibition / e-Poster Presentation	
14:00-15:15	Singapore Heart Foundation @ APCCRC	
14:00-14:25	Cardiopulmonary test-functional assessment for long COVID	Dr. Swee-Yaw Tan (Singapore)
14:25-14:50	Alcohol and cardiovascular health-is it good or bad?	Dr. Regina Ching (Hong Kong)
14:50-15:15	Community Cardiac Rehab Programme at the Singapore Heart Foundation	Dr. Pui-ye Chan (Singapore)
15:15-15:45	Break / Exhibition / e-Poster Presentation	
15:45-17:00	Chinese Association of Rehabilitative Medicine @ APCCRC	
15:45-16:10	Support Life Club-a new model to improve adherence to cardiac rehabilitation	Prof. Xiaoping Meng (China)
16:10-16:35	Cardiac Rehabilitation in Hong Kong in the era of COVID pandemic	Prof. Leonard Li (Hong Kong)
16:35-17:00	IGFBP-4: A novel cardioprotective factor	Prof. Dan-Ni Ren (China)
17:00-18:15	Japanese Association of Cardiac Rehabilitation @ APCCRC	
17:00-17:25	Cardiac rehabilitation before and after COVID-19 in Japan	Prof. Keisuke Kida (Japan)
17:25-17:50	The evolution of cardiac rehabilitation and the future direction	Dr. Carmen Chan (Hong Kong)
17:50-18:15	Seamless cardiac rehabilitation supported by the community	Dr. Hidetaka Ito (Japan)

*The programme is subject to change without prior notice.

Accreditation (CME/CNE/CPD)

Accreditation information will be announced on the Conference website.



公眾教育坊 Public Education Sessions

日期及時間: 2022年11月27日上午10時30分至下午1時正

對象: 心臟病患者及其家屬

登記詳情:

請登入以下網址或致電(852) 2361 2838進行登記:

<https://rb.gy/4wkm72>



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公眾教育坊 —
網上登記二維碼

10:30-11:15	心臟病人應該如何應對新冠後遺症?	曾振峯醫生 (伊利沙伯醫院內科副顧問醫生) 余佩芝醫生 (瑪麗醫院心臟科副顧問醫生)
11:25-12:05	運動護你心 - 疫情下心臟病人如何安全做運動	陳效民先生 (香港復康會 一級物理治療師)
12:20-13:00	打針無難度 - 膽固醇針工作坊 (只限現場參加人士)	曾振峯醫生 (伊利沙伯醫院內科副顧問醫生) 余佩芝醫生 (瑪麗醫院心臟科副顧問醫生) 何宏峯醫生 (瑪麗醫院家庭醫學及基層醫療部 副顧問醫生)

* The official language of Public Education Sessions is Cantonese and separate registration is required.



Registration

To celebrate the 30th Anniversary of the Hong Kong College of Cardiology, the registration for APCCRC 2022 is FREE.

The Conference will be held in hybrid format. Local delegates are welcomed to join us physically at the Hong Kong Convention and Exhibition Centre while overseas delegates can join us remotely via a virtual platform with real time Q&A. You can select the format of your participation during registration. Physical seats are limited and based on first-come-first-served basis.

Please register ONLINE for FREE via the Conference website.



Supporting Organizations



The list is updated as of 31 October 2022.



Programme Highlights

- Chinese Association of Rehabilitative Medicine @ APCCRC
- International Council of Cardiovascular Prevention and Rehabilitation @ APCCRC
- Japanese Association of Cardiac Rehabilitation @ APCCRC
- Singapore Heart Foundation @ APCCRC
- Hong Kong Heart Foundation Symposium
- Cardiac Rehabilitation for Special Population Symposium
- Cardiovascular Risk Factors Symposium
- Exercise Symposium
- Heart Failure Symposium
- Long COVID and Cardiac Rehabilitation Symposium
- Workshops for Allied Healthcare Professionals
- Physician Workshop in Heart Failure
- Physician Workshop in Hyperlipidaemia
- Abstract and Poster Presentation
- Public Education Sessions



Acknowledgment

A. Menarini Hong Kong Ltd.
Amgen Hong Kong Limited
AstraZeneca Hong Kong Limited
Bayer HealthCare Limited
Boehringer Ingelheim (Hong Kong) Limited
Boston Scientific Hong Kong Limited
Daiichi Sankyo Hong Kong Limited
EaliMed Limited
Hong Kong Heart Foundation Limited

Medtronic Hong Kong Medical Ltd.
Merck Pharmaceutical (Hong Kong) Limited
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Organon Hong Kong Limited
Otsuka Pharmaceutical (H.K.) Ltd.
Pfizer Corporation Hong Kong Limited
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Contact Us

APCCRC 2022 Conference Secretariat

c/o International Conference Consultants Ltd

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